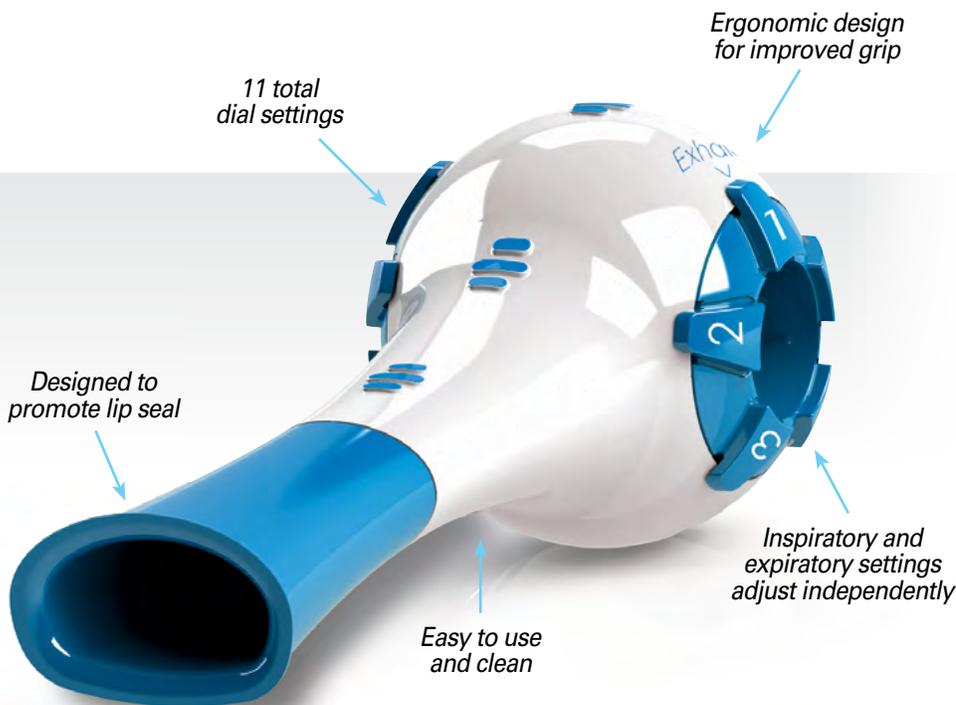


# Strengthens muscles of inhalation and exhalation



**Now available in Pink!**



5 exhale settings

6 inhale settings



- Improves breath support in speech and respiratory training

- Enhanced dual-resistance settings for inhalation and exhalation

### The Breather

Respiratory muscles, like other muscles, can weaken from prolonged illness, aging, and neuromuscular diseases. The Breather is a Respiratory Muscle Training (RMT) device that is effective in rebuilding strength in both inspiratory and expiratory muscles of respiration.

The Breather trains diaphragmatic breathing to improve breath support for speech production, swallow safety, productive cough, and helps reduce dyspnea.

This unique, ergonomic handheld tool provides 11 independent settings to strengthen both inhalation and exhalation and it can be used with breathing or speaking valves.

1 1/8"W x 5 1/16"L x 1 7/8"H • Clean with soap and water

### Ordering Information

#82874 The Breather, Blue  
#83470 The Breather, Pink



Watch the video at  
[AliMed.com/the-breather](http://AliMed.com/the-breather)

See reverse for more  
Speech and Communication  
products

# Speech and Communication Tools

Description	Benefit	Item #
 <p><i>Throat Scope®</i></p>	<i>All-in-one light and tongue depressor.</i>	<b>83397</b>
 <p><i>Ice Finger</i></p>	<i>Thermal stimulation helps improve strength and sensation in feeding and swallowing. 5/pk.</i>	<b>81868</b>
 <p><i>TonguePRESS®</i></p>	<i>Exercise and resistive training for improved speech and swallowing.</i>	<b>83066</b>
 <p><i>TheraSIP™</i></p>	<i>Strengthens weak swallow.</i>	<b>82773</b>
 <p><i>Laryngeal Mirrors</i></p>	<i>For dysphagia evaluation, pre-feeding intra-oral structure inspection, or speech training.</i>	<b>8545</b>

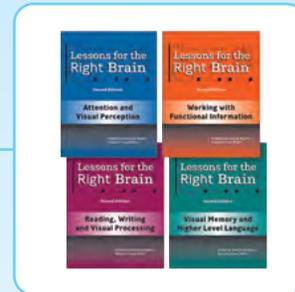
## AliMed—Your go-to source for Speech Therapy Aids



**Adult Speech and Language**



**Dementia**



**Aphasia Rehabilitation**

Any order placed before 3 p.m. EST, if in stock, ships the same day!  
Prices, product availability, and specs are subject to change.

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